

# Seibukan Jujutsu Uchideshi Apprentice Program Honbu Dojo, Nagoya, Japan

## Introduction to Uchideshi Program



Seibukan Jujutsu Honbu Dojo and its chief instructor Julio Toribio offer a martial artist apprentice program called Uchideshi Program, and accept Uchideshi students to provide them intensive martial art training. The term of their training can be decided between 1 week to 1 year, according to the students' availability and Japanese visa status. As they immerse themselves in the intensive Uchideshi Program training in Japan, they earn leadership and personal development besides the martial art training.

Seibukan Jujutsu Uchideshi Program first implemented in 1993 at Monterey Budokan in Monterey California, and now continues in Nagoya, Japan. The program has so far proudly sent 61 graduates to the world. The successful graduates from 1 year of intensive training will receive an award of highest honor from the Seibukan Jujutsu Headquarters in Japan. 1 year term of completion can be combined by several trips and stays at Honbu Dojo.

Goals of Uchideshi Program include to become powerful martial artists as well as community leaders through learning and teaching martial arts.



## **Benefits from the Uchideshi Program**

1. Become a part of an Uchideshi community and develop a camaraderie that shares and works hard for the common goals.
2. Use the Dojo any time of the day with fellow Uchideshi students to train toward your next level.
3. Have Toribio-Kancho as a personal coach and mentor.
4. Participate in daily Uchideshi-only classes by Toribio-Kancho and guest instructors.
5. Dedicate and focus your time on martial arts training in a clean environment and an ideal condition.
6. Participate in Uchideshi field trips with Toribio-Kancho.
7. Opportunities to become a certified instructor and open a Seibukan Jujutsu branch Dojo.
8. Develop social skills as you become a representative of Seibukan Jujutsu.
9. Assist Toribio-Kancho in demonstrating techniques (taking Ukemi) in regular classes and public demonstrations.
10. Assist in children and junior classes to learn how to work with younger students.
11. Serve other students in the Dojo as a model practitioner of techniques and philosophies of Seibukan Jujutsu.
12. Study in depth of the five elements and twenty-one concepts of Seibukan Jujutsu.
13. Learn Ninjutsu, Battojutsu, Aikido and Jojutsu as additional martial arts.
14. Learn and progress at an accelerated pace.
15. Put into practice the five steps to become successful:  
1)have a dream 2)make a plan 3)believe in yourself  
4)face your fears 5)take massive action.
16. Apply above five steps in three areas in life: 1)health  
2)relationships 3)abundance
17. Practice honesty, integrity and discipline in the Dojo as well as in daily life.
18. Increase awareness and self-confidence. Enhance physical fitness and self-discipline.
19. Develop physical skills for effective self-defense.
20. Travel within Japan and experience the culture.
21. Opportunity to return to Japan and complete the one year graduation from the Uchideshi Program.

## Facility, Accommodations and Location



Seibukan Jujutsu Honbu Dojo is a 4-story independent building on a main street of Nagoya, Japan. The whole building was designed to specifically meet the needs of martial art training and live-in students. It was newly remodeled in 2016 with all new material.

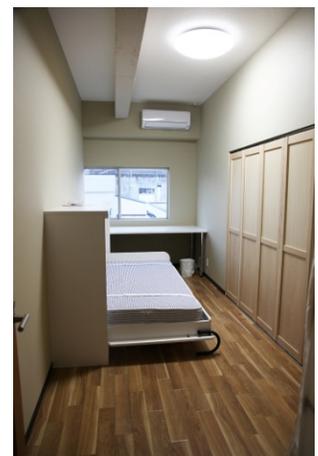
**1st floor:** Dojo training floor. Matted training area, male and female dressing rooms, 2 heated-seat toilets, Kancho's office, Seikendo/healing room.



**2nd floor:** Uchideshi floor, kitchen, dining and living room. 2 showers, 2 heated-seat toilets, 2 wash sinks. 4 private rooms for 4 students. Laundry room with coin-operated washer and dryer.

**3rd floor:** Uchideshi floor  
2 showers, 2 sinks, 2 heated-seat toilets  
6 private rooms for 6 students.

Each private room is equipped with a wall-mounted folding bed, individual air-conditioner (heat and cold), a desk, a chair, a set of drawers and a closet. Wi-Fi Internet connection is available throughout the building.



**4th floor:** Roofed outdoor training space for Ninjutsu, Battojutsu, Tameshi giri, Jojutsu and long weapon. It is also for physical fitness training.



### **Dojo Address**

Seibukan Jujutsu  
Honbu Dojo  
2-25-5 Meiji,  
Minami-ku, Nagoya  
Aichi-ken 457-0861  
Japan  
Telephone  
+81 52 691 5533

### **7 Nearby landmarks around Honbu Dojo**

*Atsuta Shrine (2.5 km/ 1.5miles)*

*Shirotori Japanese Garden (3km / 1.8 miles)*

*Nagoya Port Aquarium and Dolphin Show (4.8 km/3 miles)*

*Nagoya Castle (9 km/5.6 miles)*

*Downtown Nagoya/Sakae district (9 km/5.6miles)*

*Tokugawa art museum (12 km/7.5 miles)*

*Aichi Budokan (4.4 km/ 2.7 miles)*

### **Requirements to become an Uchideshi**

Uchideshi students are required to attend all Uchideshi classes as well as scheduled Seibukan Jujutsu classes including children and junior classes. They also train with each other during the day, or spend time on research project. Uchideshi students must attend all black-belt demonstrations. Uchideshi can plan other activities and trips during the day and weekends, keeping in mind the training schedule of the Seibukan Jujutsu classes.

As a personal requirement, Uchideshi student has to be free from smoking or any use of mind-altering drugs during the Uchideshi time in or outside of the Dojo. Consumption of alcohol in the Honbu Dojo building is prohibited, and students cannot return to the Dojo intoxicated.

## **Uchideshi tuition and accommodation fees**

All fees are in Japanese Yen.

### **Training**

The tuition fees below include Uchideshi intensive and accelerated training in Seibukan Jujutsu, 3 regular training per week, 3 weekly morning Uchideshi training by Toribio Kancho, 24/7 use of the main Dojo on the 1st floor and the 4th floor Dojo.

¥50,000 yen per month

¥14,000 yen per week

¥2,100 yen per day

### **Accommodation**

Fees include use of a private living space, bedding rental, utilities, Wi-Fi Internet use, and sales tax.

¥70,000 yen per month

¥20,500 yen per week

¥3,300 yen per day

## **Optional Martial Arts Offered at Honbu Dojo**

(Uchideshi discounted fees)

¥5000 yen/each additional martial art

1. Enshin Itto-ryu Battojutsu (Sword art)
2. Bujinkan Budo Taijutsu/Ninjutsu
3. Jojutsu
4. Aikikai Aikido

## About Seibukan Jujutsu

Seibukan Jujutsu offers students opportunities to develop physical skills for effective self-defense, thereby increasing overall physical fitness, self-discipline, awareness and self-confidence. This system's unique structure allows students to learn and progress at their own pace. In the environment of feeling no limitations, the art maximizes practitioners' ability to absorb the knowledge and physical skills that are necessary to achieve their goals. With consistency, perseverance and commitment to daily practice, students can experience the unification of body, mind and spirit. This system evolves to meet the constant changing needs of society.

The philosophy of Seibukan Jujutsu becomes a part of each practitioner step by step. As they make the decision to move on to the next level, they feel and recognize the changes taking place in them. Change means to take action now, not to talk about it, not to give up after an enthusiastic start, not to hold back in fear; rather to keep going and attain one's goals.

*“By bringing awareness and freedom of individual expression through the path of Seibukan Jujutsu, each person has the opportunity to reach their highest potential and achieve self-mastery.”*

Julio Toribio – Seibukan Jujutsu, Kancho



## About the Founder and Chief Instructor



The founder and chief instructor, Julio Toribio, is a dynamic international instructor and educator of the Martial Arts. In his more than 45 years of learning and teaching in martial arts, he has attained high ranks in Enshin Itto-ryu Battojutsu/Iaijutsu (10th degree-Menkyo Kaiden Okuden), Bujinkan Budo Taijutsu/Ninjutsu (15th degree-Shihan), Hakko-ryu Jujutsu (Menkyo Kaiden Sandaikichu-7th degree), Aikikai Aikido (5th degree), and Okinawan Kenpo Karate (2nd degree).

Toribio - Kancho is the founder and chief instructor of Seibukan Jujutsu at Honbu Dojo. The Seibukan Jujutsu Headquarters is located in Nagoya, Japan. He has worked extensively in developing effective methods of instruction for law enforcement officers, adults, children, teenagers and physical challenged individuals in self-protection and personal growth.

Toribio is co-developer of the Model Mugging self-defense and empowerment course for women and men in the USA, and founder of the Action Self-Defense Program. As Director of the Seibukan Jujutsu Headquarters in Japan, he oversees a variety of programs in self-defense, martial arts and 25 Seibukan Jujutsu Schools in the world.

He has integrated his skills and knowledge in his martial art training, military experiences as a US Army Airborne Ranger and healing skills to found Seibukan Jujutsu, a martial discipline and warriors path adapted to modern times. He has offer a martial art apprentice training called Uchideshi Program since 1993. Toribio - Kancho has trained, educated and mentored many Uchideshi students in the USA and other countries to be professional martial artists and instructors in Seibukan Jujutsu, Enshin Itto-ryu Battojutsu, Bujinkan Budo Taijutsu /Ninjutsu, Aikikai Aikido and Jojutsu.



## Seibukan Jujutsu Mission

The mission of Seibukan Jujutsu is to meet the self-protection and self-development needs of modern day warrior. This warrior is a reflection of modern times, the global community that exists now, and the inherent challenges we face in the integration of the various cultures that form this global community. Seibukan Jujutsu evolves to meet the constantly changing needs of the society.

The commitment of Seibukan Jujutsu is to create and deliver tools that empower students to achieve their full potential by experiencing growth, changes and the breakthrough of self-limiting beliefs. We offer students opportunities to enhance what already exists from previous martial art training, and offer new students an experience in feeling confident, skillful and empowered. With the acquired knowledge, students can develop the self-protection skills as well as the healing capabilities this art can offer.

Seibukan Jujutsu helps students achieve the maximum results at an accelerated pace. The quality of the training and the knowledge is maintained at the highest level. This martial art is designed to honor the pace of each person's growth.

We are committed to develop physical skills for effective self-defense and to increase overall fitness, self-discipline, awareness and self-confidence. Through the daily practice of **Awareness, Assessment** and appropriate **Action**, students can achieve the unification of mind, body and spirit.



Contact: Julio Toribio - Kancho  
Email: [kancho@seibukanjujutsu.com](mailto:kancho@seibukanjujutsu.com) or [seibukan1@aol.com](mailto:seibukan1@aol.com)